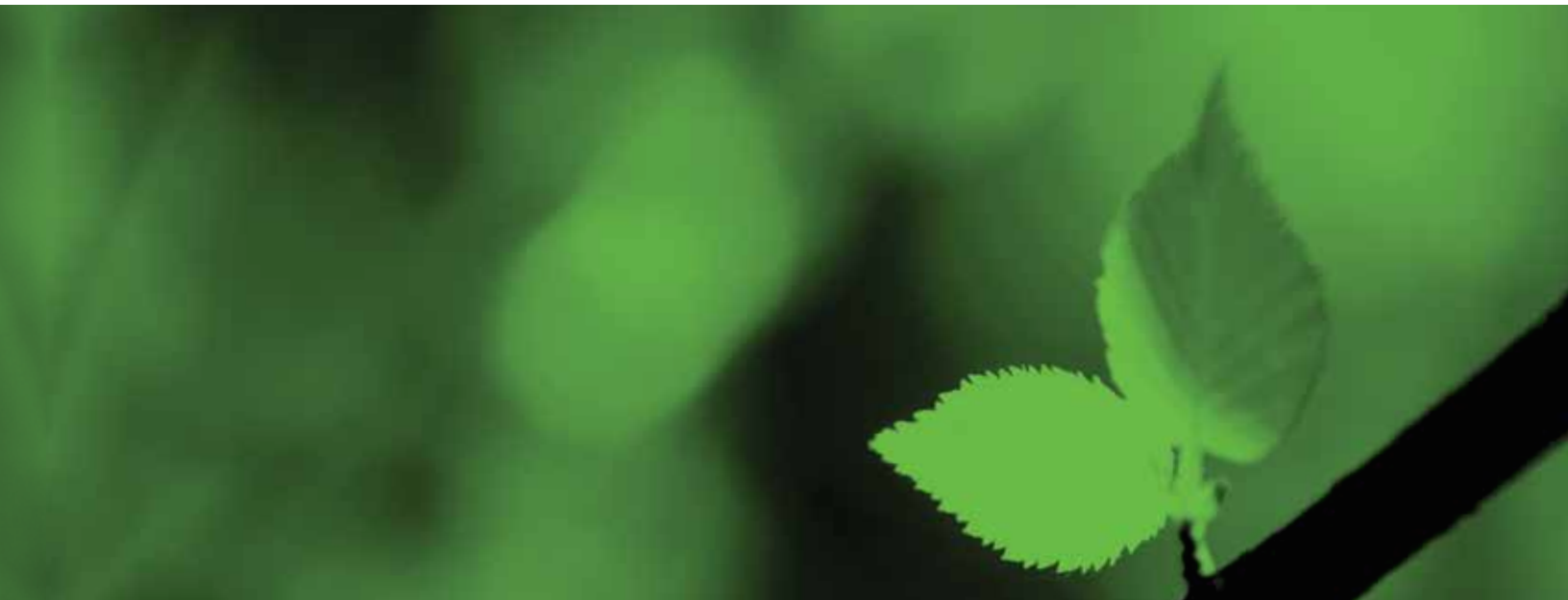


# Health Beyond Bars: Towards Healthy Prisons in Canada Conference Program

February 20-21, 2014



Thea's Lounge, Graduate Student Centre  
February 20, 2014

Sty-Wet-Tan Hall, First Nations Longhouse  
February 21, 2014

The University of British Columbia, Point Grey Campus  
Vancouver, BC, Canada



a place of mind

THE UNIVERSITY OF BRITISH COLUMBIA

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# Acknowledgements

This conference has been made possible through funding from the **Public Health Agency of Canada**, the **Vancouver Foundation**, and the **Canadian Institutes of Health Research**. We are grateful for their generous support.

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**PERSONAL MESSAGE AND GREETINGS FROM  
HONOURABLE TERRY LAKE  
MINISTER OF HEALTH**

**HEALTH BEYOND BARS: TOWARDS HEALTHY PRISONS IN CANADA  
THE COLLABORATING CENTRE FOR PRISON HEALTH AND EDUCATION**

**FEBRUARY 21, 2014**

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I would like to extend greetings to the delegates of the Health Beyond Bars conference on health in Canadian prisons.

The health and wellness of every British Columbian is a priority for my ministry. We recognize the important role the Collaborating Centre for Prison Health and Education plays in encouraging prevention and addressing health issues for some of B.C.'s most vulnerable populations. This conference offers a valuable opportunity for education and collaboration among both federal and provincial correctional leaders, health-focused organizations, and people with personal experience in the correctional system.

We know that over half of the corrections client population in B.C. has been diagnosed with a mental illness or substance use disorder. That's why the Ministry of Health is working with the Ministry of Justice to develop services and guidelines that will better support those in the correctional system who suffer from mental illness and substance use issues.

I wish all of the delegates success in the partnerships developed at this important conference, and thank you for your hard work to improve health in Canadian prisons.

Sincerely,

Terry Lake  
Minister of Health

# Welcome letter: UBC Faculty of Medicine, Dean Gavin Stuart

**O**n behalf of all of our scientists, health professionals, students and staff across the University of British Columbia Faculty of Medicine, I would like to welcome you to the “Health Beyond Bars” conference.

We spend a lot of time at the Faculty of Medicine strategizing about ways to better serve neglected populations. Usually, we think of those populations in geographic terms – people living in rural and remote areas of British Columbia, for example, or those in developing countries that are continents or oceans removed from Canada. But some of those needing more attention can be located just a short drive away from our daily existence, even if they are separated from the general population.

Members of the Collaborating Centre for Prison Health and Education have helped highlight the glaring health gaps between incarcerated communities and the general population, and have sought ways to try to remedy that inequity over the past eight years. But making broad-based progress requires extensive knowledge-sharing and collaboration, to ensure that our efforts are evidence-based, and that our successes can be scaled up or replicated.

That is why conferences like this are so important. They provide a forum to share our experiences and insights, and a platform for more coordinated efforts. “Health Beyond Bars” demonstrates academia at its best – a deliberate, communal effort bent on greater understanding of a particular problem, so that we may determine which solutions are most likely to succeed, and then endeavor to put those solutions into action.

I look forward to hearing about the highlights of this gathering, and to seeing the “translation” of the ideas discussed here into effective policies and practices for the incarcerated members of our society.

Best regards,



**Gavin Stuart, MD**

*Dean, UBC Faculty of Medicine*

*Vice Provost, Health, UBC*

# A message from the CCPHE Director, Dr. Ruth Elwood Martin

I extend a warm welcome to all the delegates of the conference, Health Beyond Bars: Towards Healthy Prisons in Canada. The CCPHE is organizing the conference, which is being held in the First Nations Longhouse and the Graduate Student Centre at the University of British Columbia. We would like to acknowledge and thank Elder Mary Charles and the Musqueam First Nation for warmly welcoming us into their traditional territory.

Over the next two days, we look forward to an exciting array of guest and panel speakers, personal narratives, and round table discussions. We thank Mr. Howard Sapers, the Correctional Investigator of Canada, Dr. Michael Ross, Professor at the School of Public Health, University of Texas, and the panel members for their contribution to this conference. We also thank the formerly incarcerated men and women for sharing their stories about the health issues they face both inside and outside of prison.

We thank our funders, the Public Health Agency of Canada, the Vancouver Foundation, and the Canadian Institutes of Health Research, for their generous support in making this conference possible. We are grateful to the Health Beyond Bars Advisory Committee for their support and wisdom.

We hope that you will engage with the prison health topics that are addressed during this conference. We also look forward to the wisdom that will be exchanged between the

diverse people who are represented: health care providers; individuals with incarceration experience; community, health, and correctional organizations; policy and decision makers; and academic researchers. We encourage you to share your opinions and ideas – and, to listen, to learn, and to take inspiration from others.

We encourage you to network with colleagues, engage in an open dialogue about prison health, and leave the conference better connected and inspired. We hope you will find the conference a rewarding experience. Most importantly, we hope the information shared and knowledge generated from this conference will lead to improvements in the health of people whose lives are impacted by incarceration.



**Dr. Ruth Elwood Martin, MD,**  
FCFP, MPH

Director, CCPHE

# The Health Beyond Bars Advisory Committee

The committee met bi-monthly to ensure the content reflected the conference objectives. The CCPHE wishes to thank the following individuals for their contribution to this event.

**Buchanan, Marla**, Professor, UBC, Department of Educational and Counselling Psychology, and Special Education

**Butt, Gail**, Associate Director, Hepatitis Services, BC Centre for Disease Control

**Buxton, Jane**, Associate Professor, UBC, School of Population and Public Health

**Condello, Lara-Lisa**, Instructor (Criminology), Nicola Valley Institute of Technology

**Fels, Lynn**, Associate Professor, Simon Fraser University, Faculty of Education

**Hanberg, Debra**, Project Coordinator, CCPHE

**Harry, Ritinder**, Leader of Screening Promotions, BC Cancer Agency

**Hooey, David**, Director of Policy and Research, Office of the Correctional Investigator of Canada

**Howett, Larry**, Community-based Project Assistant, CCPHE, Member, Long-Term Inmates Now in the Community

**Korchinski, Mo**, Project Administrator, Unlocking the Gates Peer Health Navigator Program, CCPHE, Member, Women in2 Healing

**Leggo, Carl**, Professor, UBC, Department of Language and Literacy Education

**Martin, Ruth Elwood** (Chair), Director, CCPHE, Clinical Professor, UBC, Department of Family Practice

**Nunn, Alex**, Project Assistant, CCPHE

**Ramsden, Vivian R.**, Research Director, Department of Academic Family Medicine, University of Saskatchewan

**Scow, Marnie**, Community-based Project Assistant, CCPHE

**Sproule, Wendy**, Community-based Project Assistant, CCPHE

**Strange, Jeff**, Regional Coordinator, Health Programs (Pacific), Correctional Service of Canada

**Sturge, Jodi**, Manager, Homelessness Initiatives, Elizabeth Fry Society

**Turner, Renee**, Project Coordinator, CCPHE

**Young, Pam**, Research Lead, Unlocking the Gates Peer Health Navigator Program, CCPHE, Member, Women in2 Healing



# CCPHE Project Advisory Committee

The CCPHE Project Advisory Committee (PAC) brings diverse experience from community, academic, public health, and prison backgrounds. We are indebted to the CCPHE PAC members for their wisdom and support over the last three years.

**Butt, Gail**, Associate Director, BC Hepatitis Services, BC Centre for Disease Control

**Coldman, Andy**, Provincial Lead for Population and Preventive Oncology, BC Cancer Agency

**Craigie, Susan**, Prison Outreach Coordinator, Positive Living Society of BC

**Dove, Naomi**, Director of Health Promotion and Prevention, First Nations Health Authority

**Edmunds-Flett, Sherry**, Executive Director, Long-Term Inmates Now in the Community

**Flett, Glenn**, Founding Member, Long-Term Inmates Now in the Community

**Harry, Ritinder**, Leader of Screening Promotions, BC Cancer Agency

**Hirsch, Jennifer**, Director of Community Services, John Howard Society (Lower Mainland)

**Hislop, Greg** (Chair), Associate Member, UBC, School of Nursing, BC Cancer Agency, retired

**Kan, Lisa**, Interim Director, Strategic Operations Screening Programs, BC Cancer Agency

**Kendall, Perry**, Provincial Health Officer, BC Ministry of Health

**Korchinski, Mo**, Project Administrator, Unlocking the Gates Peer Health Navigator Program, CCPHE, Member, Women in2 Healing

**Krajden, Mel**, Director, BC Hepatitis Services, BC Centre for Disease Control, Associate Medical Director, Provincial Health Services Authority

**Laliberté, Nancy**, Lead, Aboriginal Health Program, Provincial Health Services Authority

**Slater, Amanda**, RN, Infectious Disease Lead, Sentry Correctional Health Services Inc., BC Corrections

**Strange, Jeff**, Regional Coordinator, Health Programs (Pacific), Correctional Service of Canada

**Sturge, Jodi**, Manager, Homelessness Initiatives Elizabeth Fry Society

## Academic Team

**Buchanan, Marla**, Professor, UBC, Department of Educational and Counselling Psychology, and Special Education

**Buxton, Jane**, Associate Professor, UBC, School of Population and Public Health

**Condello, Lara-Lisa**, Instructor (Criminology), Nicola Valley Institute of Technology

**Fels, Lynn**, Associate Professor, Simon Fraser University, Faculty of Education

**Kaczorowski, Janusz**, Research Director and Professor, Department of Family and Emergency Medicine, Université de Montréal

**Leggo, Carl**, Professor, UBC, Department of Language and Literacy Education

**Martin, Ruth Elwood**, Director, CCPHE, Clinical Professor, UBC, Department of Family Practice

**Oliffe, John**, Associate Professor, UBC, School of Nursing

**Ramsden, Vivian R.**, Research Director, Department of Academic Family Medicine, University of Saskatchewan

## Project Staff

**Hanberg, Debra**, Project Coordinator, CCPHE

**Howett, Larry**, Community-based Project Assistant, CCPHE, Member, Long-Term Inmates Now in the Community

**Nunn, Alex**, Project Assistant, CCPHE

**Scow, Marnie**, Community-based Project Assistant, CCPHE

**Sproule, Wendy**, Community-based Project Assistant, CCPHE

**Turner, Renee**, Project Coordinator, CCPHE



# About the Collaborating Centre for Prison Health and Education (CCPHE)

**T**he CCPHE is a group committed to encouraging and facilitating collaborative opportunities for health, education, research, service and advocacy, to enhance the social well-being and (re)integration of individuals in custody, their families and communities.

High numbers of men, women and youth are incarcerated in Canada every year, many for short periods of time. Most of these individuals revolve in and out of custodial settings; recidivism rates are high. Incarcerated men, women and youth have higher prevalence of illness and disease, including HIV, hepatitis and mental illness, and many of these individuals upon release face multiple barriers to accessing primary health care and to the attainment of their socio-economic health goals. The transition period into communities is difficult and many individuals experience perpetual social exclusion.

With this in mind, the CCPHE is actively seeking to foster collaboration and partnerships between universities, prisons and the justice system, and communities, to reduce disparities that

negatively affect those who are in custody or in the process of (re)integrating into society. Membership is designed to be inclusive, invitational and to create opportunities. Members include faculty from universities and community colleges in BC and across Canada; health care professionals, government policy makers, community care workers and prison workers; individuals in custody and/or for those who are (re)integrating into the community.

Individuals in custody or who are (re)integrating back into communities represent a population that is most deserving of a strong voice with regard to policy, research and education concerning the improvement of conditions for those temporarily residing in Canadian correctional institutions. We especially welcome participation and membership from those of this population and those who wish to collaborate with us on our initiatives.

We encourage you to read more about our mission, values, and goals on our website: <http://www.familymed.ubc.ca/ccphe/ccphe.htm> and to consider becoming a member.





# Conference Objectives

The Health Beyond Bars conference objectives are as follows:

1. Include relevant stakeholders and sectors in a conference that will highlight participatory approaches to preventive prison health;
2. Disseminate findings from the CCPHE participatory prison health projects;
3. Promote a national dialogue on the feasibility of uptake of similar preventive health initiatives for individuals with incarceration experience in the community and within correctional institutions;
4. Foster collaborative networking and dialogue opportunities between conference participants in order to improve the health of incarcerated individuals and those who are integrating back into the community.

The CCPHE wants to provide a space for learning, sharing, and action. We hope that delegates will share information from the conference with their home organizations; build strong networks and collaborations; embrace learning from other delegates; engage in inspiring conversations; and, explore new and effective ways of improving health of men and women whose lives are impacted by incarceration.

## Video and Audio Recordings

In order to capture the rich information and knowledge shared at this event all presentations and panel discussions will be videotaped. We will also audio record the round table discussions for future use by the CCPHE. These recordings will not be used for research purposes and the transcripts will be kept anonymous.

If you have any concerns about your voice being recorded at the round table discussions, please speak with either Debra Hanberg or Renee Turner so we can discuss alternatives.

Thank you.

# Conference Program Day 1

Thursday, February 20, 2014 - Thea's Lounge, Graduate Student Centre

## Moderators:

Lara-Lisa Condello, Instructor (Criminology), Nicola Valley Institute of Technology

Marnie Scow, Community-based Project Assistant, CCPHE

Wendy Sproule, Community-based Project Assistant, CCPHE

|              |  |
|--------------|--|
| 12:30 – 1:00 | Registration   |
| 1:00 – 1:15  | Traditional opening by Elder Mary Charles, Musqueam Nation   |
| 1:15 – 1:30  | Welcome by Dr. Ruth Elwood Martin, Director, CCPHE   |
| 1:30 – 2:30  | CCPHE Preventive health projects<br><br>The CCPHE team will introduce two preventive health projects and highlight some of the participatory processes, tools, and activities. Question and answer session to follow.  |
| 2:30 – 2:45  | Personal narrative, project participant  |
| 2:45 – 3:00  | Health break   |
| 3:00 – 3:45  | The CCPHE team will introduce the interactive theatre technique used in the Navigating the Health Care System workshop. The workshop's aim was to improve communication between formerly incarcerated individuals and health care providers.   |
| 3:45 – 4:00  | Personal narrative, project participant  |
| 4:00 – 4:15  | Health break   |
| 4:15 – 5:00  | Panel discussion: Peer Mentorship Programs for Individuals In and Out of Custody<br><br>Panel members describe main achievements and challenges of their program and answer, "What would your ideal peer mentorship program look like for individuals leaving prison?"<br><br><u>Panel members</u><br><b>Susan Craigie</b> , Prison Outreach Coordinator, Positive Living Society of BC<br><b>Betty and Phillip Gladue</b> , Aboriginal Brotherhood and Sisterhood Program with Forensics Psychiatric Services Commission<br><b>Larry Howett</b> , In-Reach Worker, Long-Term Inmates Now in the Community<br><b>Mo Korchinski</b> , Project Administrator, Unlocking the Gates Peer Health Navigator Program, CCPHE<br><b>Lara-Lisa Condello</b> , Instructor, Nicola Valley Institute of Technology ( <b>Facilitator</b> ) |
| 5:00 – 6:00  | Networking social  |
| 6:00 – 8:00  | Public forum<br>The conference opens up to the general public, featuring the premiere screening of a short documentary film on cancer and incarceration entitled <b><i>Cancer Walks Free</i></b> . Director: Mo Korchinski. Filmed by Tom Delamere, Pull Focus Film School.<br><br><u>Panel members</u><br><b>Mo Korchinski</b> , Director, <i>Cancer Walks Free</i><br><b>Dr. Keith Courtney</b> , Facilities Medical Director of Correctional Health Services for Alberta Health Services<br><b>Jessica Danforth</b> , National Youth Coordinator for the Canadian Aboriginal AIDS Network<br><b>Dr. Vivian R. Ramsden</b> , RN, PhD, University of Saskatchewan ( <b>Facilitator</b> )  |

# Conference Program Day 2

Friday, February 21, 2014 - Sty-Wet-Tan Hall, First Nations Longhouse

Moderator:

Dr. Carl Leggo, Professor, UBC, Department of Language and Literacy Education

|               |   |
|---------------|---|
| 8:00 – 8:30   | Registration and breakfast  |
| 8:30 – 9:00   | Traditional opening by Elder Mary Charles, Musqueam Nation, and introduction to the Sty-Wet-Tan Hall, First Nations Longhouse   |
| 9:00 – 9:30   | Dr. Ruth Elwood Martin, Director, CCPHE<br>Welcome and overview of prison health  |
| 9:30 – 10:30  | Guest speaker: <b>Mr. Howard Sapers</b> , the Correctional Investigator of Canada<br>“Chronic Disease and Premature Deaths in Canadian Correctional Facilities”   |
| 10:30 – 10:45 | Health break  |
| 10:45 – 11:30 | CCPHE research findings, preventive health projects   |
| 11:30 – 11:45 | Personal narrative, project participant   |
| 11:45 – 12:30 | Guest speaker: <b>Dr. Michael Ross</b> , Professor of Behavioral Sciences, the University of Texas<br>“Towards Healthy Prisons: A Conceptual Model”   |
| 12:30 – 1:30  | Lunch and networking  |
| 1:30 – 2:15   | Panel discussion: What is a healthy prison? A response to Dr. Ross’ presentation<br><br><u>Panel members</u><br><b>Chief Constable Jim Cessford</b> , Delta Police Department<br><b>Dr. Keith Courtney</b> , Facilities Medical Director of Correctional Health Services for Alberta Health Services<br><b>Glenn Patterson</b> , Native Spiritual Advisor, Correctional Service of Canada,<br><b>Wendy Sproule</b> , Community-based Project Assistant, CCPHE<br><b>Dr. Ruth Elwood Martin</b> , Director, CCPHE ( <b>Facilitator</b> ) |
| 2:15 – 2:45   | Questions for Dr. Ross and panel members  |
| 2:45 – 3:00   | Personal narrative, project participant   |
| 3:00 – 3:30   | Group discussion:<br>How did the presentations and panels inform or change your perspective?  |
| 3:30 – 3:45   | Health break  |
| 3:45 – 4:00   | Personal narrative, project participant   |
| 4:00 – 4:45   | Group discussion:<br>Moving forward, what recommendations can we generate from this conference?   |
| 4:45 – 5:00   | Closing circle, debrief   |
| 5:00 – 5:30   | Traditional closing   |

## Guest Speakers



**Mr. Howard Sapers** was appointed Correctional Investigator of Canada in 2004. Previously, Mr. Sapers has been the Executive Director of the John Howard Society of Alberta, an elected member of the Legislative Assembly of Alberta, Director of the National Crime Prevention Centre Investment Fund and Vice Chairperson (Prairie Region) of the Parole Board Canada. Currently, Mr. Sapers serves as a North American Region member of the International Ombudsman Institute Board of Directors and a member of the Board of Directors for the Forum of Canadian Ombudsmen. Mr. Sapers is a member of the Centre for Public Legal Education (Alberta) Board of Directors. Mr. Sapers represents the community of small federal departments and agencies on the Government of Canada Small Department Audit Committee and is the Chairman of the Department of National Defence/Canadian Forces Ombudsman Advisory Committee. Mr. Sapers is an Adjunct Professor at Simon Fraser University's School of Criminology.



**Dr. Michael Ross** is Professor of Public Health at the University of Texas. He was educated in New Zealand, Australia, England and Sweden, completed his MD at Malmö University in Sweden, a postgraduate specialization in Venereology, his PhD in Health Psychology at the University of Melbourne in Australia, and two postgraduate degrees in Criminology at the University of Cambridge, England. Much of his work is in HIV and STD prevention in East Africa. Professor Ross has a special interest in health and health promotion in prisons, and his most recent book "Health and Health Promotion in Prisons" was published in London in 2013.

## Panel Members (In alphabetical order)



**Chief Constable Jim Cessford**, became the Chief Constable of the Delta Police Department in 1995, and is Canada's longest serving Police Chief. Previously, he was with the Edmonton Police Service for 27 years. He has lectured at universities/colleges throughout North America and was the project Manager and speaker for both Canadian and American Divisions of the International Conference for Police and Law Enforcement Executives. Chief Constable Cessford served as the President of BCACP, BCAMCP, and chaired the Canadian Police Research Centre Advisory Board in Ottawa. He also served on the Braidwood Recommendations Implementation Committee and Metro Vancouver Committee on Policing Issues. Currently he is serving his second term on the Kwantlen College Criminology Advisory Board. He serves on the organizing committee of North Delta Terry Fox Run and co-chaired Cops for Cancer with the BCCA. Chief Constable Cessford received Governor General's First Bar for 40 years of Exemplary Police Service, was Delta's citizen of the year in 2009, received the Order of Merit for Police Services in 2010 by the Honourable Governor General Michaëlle Jean, and received the Queen's Diamond Jubilee Medal in 2012.



**Dr. Keith Courtney** is a board certified psychiatrist. After residency, he worked as the Medical Director at the Long Creek Youth Development Center in South Portland, Maine. He was the first psychiatrist hired by the Maine Department of Corrections to coordinate and develop the mental health care, medical care, substance abuse treatment and sex offender treatment for the juvenile offenders in Maine. In 2005, Dr. Courtney accepted a position as the Corporate Mental Health Director and the Chief Psychiatrist at the Clark County Detention Center in Las Vegas, Nevada where he was responsible for the direct services provided at the Clark County Detention Center as well as the mental health services provided at 13 jails throughout the U.S. In 2011 Dr. Courtney moved to Calgary where he is currently the Facilities Medical Director of Correctional Health Services for Alberta Health Services. Dr. Courtney has published in the areas of correctional health care and has lectured internationally on topics of correctional health care including sex offender treatment, suicides in jails and prisons, minority offenders, and the role of police in working with mentally ill offenders. He is a surveyor for the National Commission on Correctional Health Care and is a member of their Juvenile Health Care committee.



**Susan Craigie** Susan's illustrious career began in 1975, when she earned the title of Miss Youth Detention Centre (Alberta). Locally, Susan has been working in the field of HIV care and support for more than 20 years. For 15 years she worked for the PHS Community Services Society as a mental health worker, program manager, and medical clinic coordinator, where she worked directly with Dr. Gabor Maté for 7 years. In 1998, Susan was involved in organizing Canada's first harm reduction conference and she participated in the development of Insite. Since 2009, Susan has worked for Positive Living BC as the Prison Outreach Coordinator, serving HIV+ inmates in 14 Provincial and Federal Prisons in BC, as well as doing extensive post-release support.



**Jessica Danforth** is the founder of the Native Youth Sexual Health Network that works across issues of sexual and reproductive health, rights, and justice throughout the United States and Canada and advocates for culturally safe services and resources in jails, detention centers and prisons. She is also the National Youth Coordinator for the Canadian Aboriginal AIDS Network. As such she has worked extensively with Indigenous peoples and families throughout North America who are involved in the criminal justice, child welfare and prison systems.



**Betty Gladue** is a respected Cree Elder. She likes to beat her hand drum while singing traditional songs in harmony with her husband Phillip. She speaks her own language fluently and is very supportive of the Sauleau Cree culture. She is very involved in cultural gathering and is happy to teach the younger generations about their culture. Betty plays an active role as a cultural advisor, in our Medicine Wheel Facilitator training program. She offers guidance through her sharing circles and has consistently added a feeling of safety for our group members. Betty is a member of the Elder's Council with Nicola Valley Institute of Technology and is a wellness service provider for the Aboriginal Brotherhood and Sisterhood program with Forensics Psychiatric Services Commission.

(Panel Members continued next page)

## Panel Members (Continued)



**Phillip Gladue** is a respected Elder who was raised in a traditional way. He is proud of the fact that he never lost his language while he was growing up. He will be the first to say, that he is only one of the many Elders in the community, and that each territory has its own traditional Elders. He is very proud of his Metis Cree culture and likes to jig, drum and sing traditional songs on his hand drum. He is also a strong supporter of cultural events and was on hand to offer guidance to the Kakakaway family when their children started dancing at Trout Lake Pow Wow in 1995. Philip is a member of the Elder's Council with Nicola Valley Institute of Technology and is a wellness service provider for the Aboriginal Brotherhood and Sisterhood program with Forensics Psychiatric Services Commission.



**Larry Howett** has spent over 35 years incarcerated in various Canadian correctional facilities. During his time in prison, Larry studied at the University of Victoria, majoring in Philosophy of History and English, then working inside prison as the Regional Law Librarian. Informally, he assisted other inmates with legal matters relating to their sentence. After Larry was released in 1999, he worked at a law firm as a legal assistant, researcher, and then the office manager. He also worked with the John Howard Society of the Lower Mainland. Currently, Larry works as an in-reach worker for Long-Term Inmates Now in the Community. He is passionate about working with inmates from both provincial and federal institutions to provide support for a safe re-integration back into the community. Since 2012, Larry has worked as a community-based project assistant with the CCPHE. He has played an integral role in the preventive health projects which partner with formerly incarcerated men and women to improve their health in the areas of Hepatitis C, HIV, cancer, mental health and addiction.



**Mo Korchinski** has had a long history of substance abuse and incarceration. She has overcome these obstacles and is now living independently. She is engaged in full time studies at Nicola Valley Institute of Technology and completing her 4th year of bachelor degree in social work in May. Mo also volunteers with Women in2 Healing and is employed as a Project Administrator with Unlocking the Gates Peer Health Navigator program at CCPHE. She is eight years clean and sober and spends most of her spare time helping others in her community. Mo feels that the key to turning one's own life around and keeping it moving in the right direction is to help others turn their lives around. Mo is an advocate to get the voices of women who are still inside of prison heard and to get policy-makers to understand that change is needed in the prison system and in the community.



**Glenn Patterson** is a Native Spiritual Advisor at Matsqui Institution. He sits on the Correctional Service of Canada's National Inmate Health Committee and has travelled nationwide as a facilitator for the Justice Education Society of BC. He is an artist and educator that currently works with Native American inmates supporting them in prison and during their transition back into the community. The main focus of his work is to connect the men to "reality" through storytelling, native and colonial history, ceremony, counselling and art. Glenn has taught courses at the University of Victoria, including Indigenous Epistemology, the History of Aboriginal Education in Canada, and Indigenous Music of the Americas. Glenn is a member of the Unity Drummers on Vancouver Island where he lives with his family.



**Wendy Sproule** is a community-based project assistant with the UBC Department of Family Practice, Collaborating Centre for Prison Health and Education. She is currently working on two projects: A Participatory Approach to Developing Preventive Health Tools for BC Individuals with Lived Incarceration Experience (P4H), and A Participatory Approach to Improving Cancer Screening and Early Detection Among Individuals with Incarceration Experience (P4C). She is also working with Raincity Housing as a Housing Support Worker in the DTES of Vancouver. Wendy has 7+ years incarceration experience and is an active advocate for people who are released from prison, to help improve their opportunities for success and reduce recidivism. She is passionate about teaching others to find positive learning in negative life experiences, by openly sharing her experiences and assisting others to see possibilities for success. Wendy is a proud mother and a grandmother.

# Facilitators



**Lara-Lisa Condello** is an Criminology Instructor with Nicola Valley Institute of Technology — BC's Aboriginal Post-Secondary Institute. She co-founded and instructed NVIT's prison education program, and is a research co-investigator with the CCPHE. A practitioner of collaborative learning, she applies artistic media to address the provocative yet often misunderstood concepts of penal abolition and transformative justice. Lara-Lisa is passionate about progressive social change and is committed to promoting life-long learning and grassroots community development (Facilitator, Peer Mentorship Programs, panel discussion).



**Dr. Ruth Elwood Martin** is a UBC Clinical Professor, Department of Family Practice, and Associate Faculty, School of Population and Public Health. She is the Lead Research Faculty for the family medicine residency program and a Course Director for Doctor Patient and Society 410, UBC undergraduate medical program. From 1994-2011, Ruth worked part-time as a correctional centre physician. She is the Program Committee Chair of the Prison Health Section, the College of Family Physicians of Canada; and, the Inaugural Director of the Collaborating Centre for Prison Health and Education (CCPHE), which is a national group of interdisciplinary academics, policy makers, community organizations and individuals with previous incarceration experience, whose mission is to enhance social well-being and (re)integration of individuals in custody, their families and communities. Current community-based, participatory health research and preventive health projects, funded by Public Health Agency of Canada, BC Health Authorities and the Vancouver Foundation, engage individuals with incarceration experience who are now living in the community (Facilitator, What is a Healthy Prison? panel discussion).



**Dr. Vivian R. Ramsden**, is a registered nurse, received a PhD in Interdisciplinary Studies from the University of Saskatchewan in Saskatoon. She is currently, Associate Professor and Director of the Research Division in the Department of Academic Family Medicine at the University of Saskatchewan. She is an Honorary Member of the College of Family Physicians of Canada and has been involved with the Section of Researchers. She served as a Member-at-Large on the Executive Committee of the Section of Researchers from 2000-2006, currently sits on the Section of Researchers Council and is currently Chair of the Research Directors. She served on the Task Force on Patient Education and is currently a member of the Patient Education Committee. Her background spans both critical care in acute care settings and primary health care in urban, rural, First Nations and international communities. Dr. Ramsden is a passionate advocate for community-based participatory research; thus, her research interests are in primary health care, participatory processes of research and evaluation, mixed methods; and prevention and management of chronic diseases. Her unique strengths and vision have led to the creation of innovative curriculum related to the resident project for the residency program in Saskatchewan; community-based prevention programs; and changes in health policy (Facilitator, Public Forum, panel discussion).







# Notes

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**The Collaborating Centre for Prison Health and Education,**  
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Twitter: [@ccpheUBC](https://twitter.com/ccpheUBC)